



# EXODUS

NIKOL K. JONES  
COFFEEWITHCHRIST.ORG





# A NOTE FROM THE AUTHOR

WELCOME, MY BEAUTIFUL FRIEND.

Welcome! I'm so glad you're here!

Life right now is stressful, and our world seems to be filled with more chaos, hate, opinions, negative news, and confusion than ever before. How do we make everything stop spinning?

During turbulent times, God's word is a solid foundation, and spending personal time regularly reading it and listening to God's Spirit inside you is more important than ever. We **MUST** take our focus off the things of this world and set our sights on who God is and what really matters.

Earlier this year, I started Coffee With Christ: The Podcast to help you do just that. It's a time for you pause, take a breath, listen to some Scripture, and reflect on who God is in light of it.

This workbook is designed as a companion journal to be used alongside the second season of Coffee with Christ: The Podcast, but it can be used alone as well.

If you're tired of all the things this world has to offer, grab a cup of coffee, sit back, and listen. I'll read from the Bible and ask some questions to get you started. I won't offer insight either on the podcast or in this workbook in order to leave room for God's Spirit to do His work.

I hope you like it and tune in regularly. You'll never regret a single moment you spend seeking God. I promise.

Nikol K Jones  
Founder of [coffeewithchrist.org](http://coffeewithchrist.org)





# EXODUS

*Intro*

# EXODUS

## INTRODUCTION

Before you dive into the study material, it's important to orient yourself prior to starting a book of the Bible. It is important for us to realize these authors didn't just write to write. Just like authors today, they had a specific message to convey to a specific group of people.

### **GENESIS: THE BEGINNING OF OUR FAITH**

If you followed along with us in our first series, we covered Genesis which gave an account of the first humans, their perfect communion with God, and the destruction that followed when evil tempted them to do what God told them not to.

Over and over again the stories in Genesis point to human imperfection, our tendency to listen to things other than God, and our desire to worship the created instead of the Creator. This theme is woven heavily throughout the stories of Cain & Abel, Noah and the Flood, and the Tower of Babel.

But Genesis isn't without hope. In the very beginning - when God gave the consequences of Adam & Eve's failure - He also promised that one day a son of Adam would defeat evil once and for all time. Things seem to spiral out of control when they go from bad to worse, but about mid-way through the book, we are introduced to Abraham - the first of our faith.

Abraham desired a son, and God promised to provide it. Abraham and his wife Sarah tried to manipulate circumstances to help God along with his promise, but in the end, there was no need. God was faithful and Isaac was born. Later, Isaac had Jacob and Jacob had twelve sons who would become the beginning of the nation of Israel.

Genesis draws to an end with the death of Jacob in the land of Egypt where his son, Joseph, was a very prominent man in the government. Earlier in the book, Jacob moved the entire family to Egypt because of a famine - and because of Joseph - who was in a position to save them. This brings us to the book of Exodus.

# EXODUS

## INTRODUCTION

### **EXODUS: A HISTORY OF GOD'S PEOPLE**

Exodus is the second book in a five book series in what Jewish literature calls The Torah. While Genesis took a look at the history of man, Exodus gives us the history of God's people: The nation of Israel. It's broken into 2 main parts with the middle section being a bridge between the two.

The first part, is the story you're more than likely familiar with: Moses leads the people out of Egypt after the 10 plagues. The second part, is when God provides blueprints for building a Tent, so he can meet with His people. Remember, God wants to live with His people - for them to draw near to him - so he makes a way through the creation of this Tent. There are some very, very specific instructions for building the tent which we will obviously get into this season.









































In between these two parts, is a very famous link. It's the link between being set free from slavery and having communion with God, and that bridge is the Law. This is where the 10 commandments come in and all the laws associated with them.

The Law was a covenant - a contract - that God was asking His people to enter. God's people were to obey these laws and, in turn, they would continue to be God's people and could have access to His presence, His wisdom, His love, His blessings...you get the idea.

Exodus is pivotal in not only understanding our history as a people of God but in understanding why Jesus came, and how we are to live in light of His coming. You don't want to miss it! So, let's get started.

# EXODUS

## CHAPTER BREAKDOWN

 Chapter 1	 Chapter 21
 Chapter 2	 Chapter 22
 Chapter 3	 Chapter 23
 Chapter 4	 Chapter 24
 Chapter 5	 Chapter 25
 Chapter 6	 Chapter 26
 Chapter 7	 Chapter 27
 Chapter 8	 Chapter 28
 Chapter 9	 Chapter 29
 Chapter 10	 Chapter 30
 Chapter 11	 Chapter 31
 Chapter 12	 Chapter 32
 Chapter 13	 Chapter 33
 Chapter 14	 Chapter 34
 Chapter 15	 Chapter 35
 Chapter 16	 Chapter 36
 Chapter 17	 Chapter 37
 Chapter 18	 Chapter 38
 Chapter 19	 Chapter 39
 Chapter 20	 Chapter 40



# COFFEE *journal* WITH *pages* CHRIST

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# INSTRUCTIONS

## FOR USING THE JOURNAL PAGES

Did you know that writing things out by hand can help move things from your short-term memory to your long-term memory?

According to Scholastic.com, "A 2014 study found that college students who took notes by hand demonstrated better conceptual understanding and memory of the material than students who took notes using a laptop."

Isn't that fascinating?

In addition, material stays with us longer the more senses that we use while studying it.

The following pages were created to engage your touch and sight senses.

Each page includes the reading and reflection questions I cover in each episode, but you can also work through the pages on your own.

Happy Studying!

# EXODUS

*Part 1*

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# WEEK 1

Day  
1

## Exodus 1

Recap the story in your own words. What happened? Who did what?

While God's name isn't mentioned, where did you see him at work?

The enemy of the Israelites was systematically trying to weaken God's people by oppressing them, making their lives bitter with hard work and ruthless demands, and by destroying those who would be the strongest among them. As God's people, we have the same enemy. How does our knowledge of God help us fight?



## Exodus 2

First, a Hebrew living as an Egyptian. Then, an Egyptian living in Midian. Moses never felt like he belonged. How can you relate? Think of a time in your life where maybe you didn't feel like you quite fit in. How can that experience help you see Moses in a new way?

Even in his younger years Moses had a heart for rescuing his people. What does that mean to you?

Where do you see evidence of God's hand? What does it teach you about who He is?

## Exodus 3

Was this story familiar to you? The wonderful thing about scripture is you usually will notice something new every time you read it. What stood out to you today?

What did God say to Moses? What does that teach you about Him when you are hurt or struggling?

How do you need to respond?

## Exodus 4

What did you observe God doing in this chapter? What does it teach you about who He is?

In between Moses and Aaron meeting, there is this weird story about God trying to kill Moses because his son was uncircumcised. If you've been with us since Genesis, do you recall what circumcision meant and the punishment for those who were not? Look back at Genesis 17 if you need to. Ask God what He might want you to know in light of this passage.

Has there ever been a time when your situation seemed hopeless and miserable? Did your struggle seem unseen or unnoticed by God? What does this passage teach us about where God is when He seems far away?

Recap the story in your own words.

Can you relate to anything in this section? If so, what?

What do you see God doing? What does it teach you about who He is?



**SOMETIMES WHEN WE ARE TRYING TO BREAK AWAY FROM PEOPLE OR THINGS THAT OPPRESS US, HURT US, OR DISTRACT US, THINGS GET WORSE AND WE START TO QUESTION WHO GOD IS, HIS MOTIVES, AND WHAT HE IS DOING. IT'S IMPORTANT TO REMEMBER THAT, JUST LIKE EXODUS, THE STORY ISN'T OVER AND GOD'S WORK AND PURPOSES ARE NOT EITHER.**

# WEEK 2

## Exodus 6

Day  
1

Recap the passage in your own words.

What stood out to you today?

What was God doing in the midst of the doubts? What was His response?

*Exodus 7*

What stood out to you in today's passage?

How does this passage point to Jesus?

Who do you relate to most in this chapter? How should you respond?

## Exodus 8

What did you see God doing in this passage?

As I read, did anything surprise you? What jumped out at you?

Use these next few minutes to ask God how you should respond.



*Exodus 9*

What did you learn for the first time today?

How do you see God moving and working? What does that tell you about who he is?

How do you need to respond?

## Exodus 10

Recap the story in your own words.

We've been through 9 plagues: The Nile turned to blood, Frogs came up from the waters, Gnats came up from the dust of the earth, Flies attacked the Egyptians, a plague killed Egyptian livestock, festering boils irritated and tortured the Egyptians, hail destroyed everything belonging to the Egyptians, locusts devoured all the Egyptian crops, and a thick darkness covered the land. What does Pharaoh's refusal to surrender, to listen to Moses's counsel, and to save his people and his land, tell you about who he is?

Has your stubbornness towards God or others led you on a path of destruction? How do you think you need to respond?

**I AM THE LORD. I WILL FREE  
YOU FROM YOUR OPPRESSION  
AND WILL RESCUE YOU FROM  
YOUR SLAVERY IN EGYPT. I  
WILL REDEEM YOU WITH A  
POWERFUL ARM AND GREAT  
ACTS OF JUDGMENT. I WILL  
CLAIM YOU AS MY OWN  
PEOPLE, AND I WILL BE YOUR  
GOD. THEN YOU WILL KNOW  
THAT I AM THE LORD YOUR GOD  
WHO HAS FREED YOU FROM  
YOUR OPPRESSION IN EGYPT.**

**EXODUS 6:6-7**

# WEEK 3

Day  
1

## Exodus 11

What stood out to you today?

What was God doing in the midst of Pharaoh's hard heart?

God caused the Egyptians to look favorably on the people of Israel so that the enemy would know that the Lord makes a distinction between His people and those belonging to the enemy. What does this teach you about God's character? What does this teach you about how he treats those that people to Him?

## Exodus 12

Recap the instructions God gave to the Israelites in your own words.

How does Passover point us to Jesus?

What can you learn about the character of God from this passage?

What did you see God doing in this passage?

As you read/listened, did anything surprise you? What jumped out at you?

Take a few minutes to ask God how you should respond. Then, write a prayer below.

What did you learn for the first time today?

How did you see God moving and working? What does that tell you about who He is?

How do you need to respond?



# Exodus 15

What stood out to you today? Did anything surprise you?

How does this scripture point us to Jesus?

Yahweh identifies himself with a new name. Do you remember it?

**I AM THE LORD. I WILL FREE  
YOU FROM YOUR OPPRESSION  
AND WILL RESCUE YOU FROM  
YOUR SLAVERY IN EGYPT. I  
WILL REDEEM YOU WITH A  
POWERFUL ARM AND GREAT  
ACTS OF JUDGMENT. I WILL  
CLAIM YOU AS MY OWN  
PEOPLE, AND I WILL BE YOUR  
GOD. THEN YOU WILL KNOW  
THAT I AM THE LORD YOUR GOD  
WHO HAS FREED YOU FROM  
YOUR OPPRESSION IN EGYPT.**

**EXODUS 6:6-7**

# WEEK 4

Day  
1

## Exodus 16

Recap the story in your own words.

Think about how the Israelites must be feeling and thinking. They've been through a lot in a couple of short months. But they have also seen a lot. What does their behavior and their words imply? What are they failing to do?

What is God's response to that failure?

What do you see God doing in this chapter? What does it tell us about his character?

How did humans fail and what was God's response to that failure?

Where does this story point us to Jesus?

*Exodus 18*

What did you see God doing in this passage?

Did anything surprise you? What jumped out at you?

Use these next few minutes to ask God how you should respond.

*Exodus 19*

Recap the story in your own words.

What do you see God doing in this chapter?

What does it teach you about his character?

# Exodus 20

What do you see God doing in this passage?

How did people fail?

What was God's response to that failure?

**IN THE MORNING YOU  
WILL SEE THE GLORY  
OF THE LORD, BECAUSE  
HE HAS HEARD YOUR  
COMPLAINTS, WHICH  
ARE AGAINST HIM, NOT  
AGAINST US. WHAT  
HAVE WE DONE THAT  
YOU SHOULD  
COMPLAIN ABOUT US?**

**EXODUS 16:7**

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# WEEK 5

Day  
1

## Exodus 21

What do you see God doing in this chapter?

What does that teach you about who He is?

How do you need to respond?

*Exodus 22*

What do you see God doing in this chapter?

What does that teach you about who He is?

How do you need to respond in light of what you learned?

## Exodus 23

What theme did you observe in this chapter?

What do you see God doing through these instructions?

How should you respond?

# Exodus 24

Imagine you are Moses, what did you experience?

Imagine you are the people down the mountain, what do you think is happening?

Who do you identify with the most in this passage?

## Exodus 25

What specific articles for the temple were laid out?

What did you observe that surprised you or made you curious?

What did you learn about who God is?

**THEN HE TOOK THE  
BOOK OF THE  
COVENANT AND READ  
IT ALOUD TO THE  
PEOPLE. AGAIN THEY  
ALL RESPONDED, “WE  
WILL DO EVERYTHING  
THE LORD HAS  
COMMANDED. WE WILL  
OBEY.”**

EXODUS 24:7

# WEEK 6

Day  
1

## Exodus 26

After hearing that much detail, what does this teach you about God's character?

Did you imagine the tent God was drawing in your mind's eye? Did anything stick out to you?

How should you respond to God? Are you confused? Ask for clarification. Are you bored? Ask God to show Himself to you in a fresh way?

What stood out to you today?

What do you see God doing in this chapter?

What does that teach you about who He is?



# Exodus 28

What stood out to you today?

What was the role of the priest?

How does this passage point to Jesus?

## Exodus 29

What stuck out to you today? What surprised you?

Why did the priests have to be consecrated?

How does this story point us to Jesus?

What stood out to you today?

How does this chapter point us to Jesus?

How do you need to respond?

**AARON AND HIS  
SONS MUST KEEP  
THE LAMPS  
BURNING IN THE  
LORD'S  
PRESENCE ALL  
NIGHT.**

EXODUS 27:21B

# WEEK 7

Day  
1

## Exodus 31

What does God say His Spirit will do in this chapter?

How does this help us understand the work of the Holy Spirit today?

Use the next few moments to think about how you should respond in light of this passage?

# Exodus 32

Where did the people fail?

What was God's response to that failure?

How does this story point us to Jesus?

# Exodus 33

Recap the story in your own words

What stood out to you today? Did anything surprise you?

How does this story point us to Jesus?

*Exodus 34*

What stood out to you today? Did anything surprise you?

What do you see God doing in this chapter?

What does that teach you about who God is?



*Exodus 35*

What do you see God doing in this passage?

What does that teach you about who He is?

How do you need to respond?

**YOU MUST WORSHIP  
NO OTHER GODS, FOR  
THE LORD, WHOSE  
VERY NAME IS  
JEALOUS, IS A GOD  
WHO IS JEALOUS  
ABOUT HIS  
RELATIONSHIP WITH  
YOU.**

EXODUS 34:14

# WEEK 8

Day  
1

*Exodus 36*

What stood out to you today? Did anything surprise you?

Where did you see God's Spirit working?

What does that teach you about God's character?

What stood out to you today? Did anything surprise you?

First, we heard God lay out the plans for the Tabernacle. Today, we're hearing about the work it took to create all the things. What does that say about who God is and who we are?

How do you need to respond in light of what you learned?

## Exodus 38

It can seem sometimes like Scripture repeats itself, and that is because it does. Why do you think it's important to hear all the details of how everything was made?

What do you see God doing in this chapter?

What does that teach you about who He is?

*Exodus 39*

Did you notice any words or phrases that repeated in this passage? What stood out to you?

How does this passage point us to Jesus?

How do you need to respond?

What words or phrases repeated in this passage? Why do you think they were important enough to repeat?

What did you learn about who God is?

How do you need to respond?





# "God's word changes us. It changes us verse by verse and chapter by chapter."

## MEET THE AUTHOR

NIKOL K. JONES

Hi! I'm Nikol. I'm a writer, crafter, dog cuddler, Old Testament lover, child of God and pursuer of Christ.

Teaching is in my bones, and I love encouraging others to use everyday, ordinary relationship tools to grow closer to Christ.

## HAVE QUESTIONS?

Email us at [cwcpodcast@icloud.com](mailto:cwcpodcast@icloud.com)



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